

VISCERAL MANIPULATION

Taught by Michael J Shea PhD

April 12-15, 2007

Tucson, Arizona

Visceral Manipulation was developed in France by the Osteopathic community. It involves a systematic assessment and work on all the organs of the trunk, abdomen and pelvis. This form of therapy is used to determine the influence of the organ systems on the overall well being of the whole body and, in particular, the Craniosacral System. It is also used as a complement to Massage Therapy, Shiatsu, Rolfing and numerous other manual therapeutic approaches. In this course, therapeutic contact will be made with the principle organs of the abdomen and pelvis including the liver, gallbladder, stomach, duodenum, small intestines, large intestine and kidneys. We will incorporate gentle palpation skills to make contact with the organs. Assessment will be made of each organ's motion in relation to normal movement. Visceral relationships to structure and function of the body will be tracked through the autonomic nervous system. Detailed autonomic nervous system anatomy and physiology will be taught.

This comprehensive course will combine classroom lecture, anatomy and embryology presentations and discussion with hands on practice each day. Participants will return to their clinical practice with a basic understanding of the abdominal-pelvic system and the beginning skills necessary to assess some of the important viscera in relationship to whole body function.

TOPICS:

- Learn the Visceral-Somatic reflexes
- Understand the relationship between the autonomic nervous system, the enteric nervous system and the brain
- Integrate the Craniosacral System with the viscera
- Learn detailed anatomy of the viscera

Course Sponsor: Intestinal Health Institute. For information and registration contact: **Sheila Shea, Director**, 4427 E 5 St., Tucson AZ 85711, 520-325-9686, intestines@sheilashea.com

Cost: \$495 if registered by March 1, 2007. \$550 thereafter. A \$200 nonrefundable registration fee is due to hold a space in this course.

Course Location: Tucson Touch Therapies Education Center, 3903 E. Pima St., Tucson, AZ 85712, 520-881-7337.

Who May Attend: This course is intended for manual therapists including colon hydrotherapists, massage therapists, and craniosacral therapists. Participants must have some background in anatomy, physiology and the manual therapeutic arts.

Class Size: This class is limited to **20 participants**.