

Michael Shea Teaching presents:

Introduction to Biodynamic Craniosacral Therapy Primary Respiration

This 4-day course introduces students to the skills necessary to begin to work with “Primary Respiration”; a therapeutic tidal-like movement in the fluids of the body named by Dr. Sutherland, the founder of Cranial Osteopathy. Working with this movement requires a still heart, deep perception and listening skills.

Time is spent learning how to establish presence, grounding and appropriate boundaries between the therapist and the client. The delicate contact necessary to sense the subtle movement in the fluids of the body will be taught. Practices and meditations will be given to differentiate the effects of Primary Respiration as the movement of wholeness in human embryology that remains in the body throughout the life span.

Educational objectives:

- Learn to differentiate the biomechanical and biodynamic models of craniosacral therapy: The history of Craniosacral Therapy.
 - Explore biodynamic theory: The soma, the fluid body, the tidal body and the state of Dynamic Stillness
 - Learn the four stages of the Dynamic Morphology of the human embryo.
 - Palpation with the side of the body, the feet, the shoulders and the sacrum.
- ✓ The location: <http://randolphparkhotellandsuites.com> 800-227-6086
102 N Alvernon Way, Tucson AZ 85711 Montezuma Room
The hotel is holding rooms for \$69 and suites with kitchenettes for \$89 until April 20, 2009 for out-of-towners.
 - ✓ The date is: April 30 to May 3, 2009
 - ✓ Recommended reading: chapters 1,2,5,12,13-15 of Michael Shea’s textbook, *Biodynamic Craniosacral Therapy Volume 1*
 - ✓ Course times are 9:00am to 5:00pm with a 90 minute break for lunch.
 - ✓ Tuition is \$525. 00. Please contact our office at 561.493-8080 or email us at valerie@michaelsheateaching.com with any questions or to register for this course. Class size is limited to 36 participants. 26 NCBMTB CE’s provided.
 - ✓ For local information about hotels, transportation and restaurants contact: Sheila Shea at intestines@sheilashea.com or at (520) 325-9686.